

THEME DAY: FROZEN

Developed by Dara Podjarski Marcus

www.little-compass.com

SESSION 1

- **Starter:** What do we know about the movie Frozen? Which characters? What is special about Elsa? Anna? Olaf? What is special about the story?
- **ICE, Part 1:** What does that word even mean? Frozen? It's when water – which is soft and can slide through our fingers – becomes hard, like a rock. It all depends if it's warm or cold. If it's very cold – that is when it freezes right? Let's have fun with freezing things. And see how water turns to ice and then melts again (changing materials from liquid to solid to liquid again). Pick a few small toys/lego/beads, get some molds like muffin tins for small or a whole casserole dish for large or try out different sizes. Place toy into your chosen mold, add water and....FREEZE. You can add food colouring to the water. We'll check back on them later in the day.
- **MAKE COLOURED-SNOW JARS:** Grab some salt, long-enough coloured chalk, and a small-ish jar with a lid/cork. It might keep your kids occupied for while but they also might fuse. You might want to make this a longer term project to be completed over a few days. It is best to explain the two options at the outset. Pour salt onto some paper. Rub chalk over the salt - it can take a lot of passes to get it coated, [see clip here](#). Using the paper as a funnel, pour the coloured salt into the jar. Put more salt onto the paper, chose another chalk colour and continue layering the colours as you go.
- **BUILD A SNOWMAN:** This can be an extended activity, showing how they can make the same 'thing' two ways, or of course select just one: [Cotton Ball Snowman](#) OR [Fridge snowman](#): Use colour paper, felt, foam sheets or [these printables](#) to tape on the fridge.
- **INSTANT ICE-CREAM IN A BAG:** [Ingredients and video](#) (note: half and half = whipping cream). THE SCIENCE BIT: Under normal circumstances, water freezes at 0C. But adding salt to the ice lowers the temperature to -10C, meaning the milk freezes in minutes.



INDOOR ACTIVE

Cosmic Yoga has a Frozen theme episode

SESSION 2

BUILD AN ICE CASTLE

Go wild with constructing boxes and crafting decorations mostly from recycled materials to make a life-sized castle cubby with the kids. If that doesn't work for your space or resources, build a toy-sized castle.

Either way, simply google options to get some relevant inspiration!



SESSION 3

ICE, Part 2: The next mission is "how are we going to get these things OUT?" Try to let the kids work out different ways to dig. Keep checking in with them, prompting where needed, asking what else might help (for eg strength, something sharper, heat). The only rule is that they may hit the ice with anything, but must be careful of all fingers your (and siblings) fingers.

TABLE TIME [Printables](#)



SCREEN TIME



FOOD IDEAS

- Olaf cheesesticks
- 'Ice' jelly cubes (blue)
- Olaf noses: carrot sticks
- Olaf arms: pretzels
- Melted snow: water
- Melted snow: yoghurt
- Snowball doughnuts (covered in icing sugar)
- Rock troll meatballs
- Elsa's plait: Challah Bread