

THEME DAY: EARTH DAY

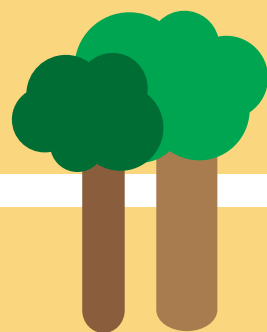
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SESSION 1

PLANET EARTH

- Kick off your morning with some **Nature Yoga, Flower Breathing & Discussion Circle!**
Nature Yoga routine: Butterfly, Mountain, Tree & Waterfall poses.
Flower breathing (can use real flowers here if you have them!) Inhale as you smell the flower, exhale and thank nature, our planet, animals and plants for letting us share the world with them!
- Discussion Circle: Where We Live - the name of their street, town, city, country, planet? What is earth day and why do we have it? Why is it important to look after our environment?
- **Planet Earth collage:** Draw a large planet earth on A5 paper, kids can glue down bits of ripped up blue & green drawing paper. Good opportunity to introduce the words 'ocean', 'land' 'continent' and 'space' to preschoolers. Fun facts [here](#) for older kids while they're collaging!
- Planet Earth **Tissue Paper Globe.** Need: Medium sized e.g. styrofoam (or any other material) balls or one large styrofoam ball, blue & green tissue paper, glue or mod podge. Create your planet by having the kids rip up & glue the tissue paper on.
- Planet Earth **balloon stamping** (comes out beautifully!): Dip the round of a small balloon in a mixture of blue and green paint, and stamp it onto white paper to see your mini 'earths' appear!
- **Sensory bin:** Blue water beads, plastic trees, animals, fish, birds, people, shells.
- Pledge & Paint: A4 sheet of paper, writing practice 'I pledge to look after my planet' and handprint the middle of the page. Stick your pledges up in your home!
- Music to listen to while you play: Beautiful, Beautiful, World - Storybots |
I Am The Earth - Glyn Lehmann | We're Gonna Plant A Tree - Michael Ryther



SESSION 2

NATURE

- Trees: take a look at the illustrated book 'Tree', by Britta Teckentrup
- Craft: **Make a tree** out of materials you have at home: toilet paper rolls, pipe cleaners, card, finger/handprints, cotton wool. Older kids: make it 3D!
- **Paint: with Nature!** Collect twigs or flowers from outside, see the gorgeous patterns that turn out! OR Mold clay leaf and **flower impressions** with air-dry clay.
- Make: **DIY Bottle Planter.** Cut a large plastic soda bottle approx 1/3 of the way from the bottom, paint the bottom part of the cut bottle with acrylic paint and leave to dry. Fill with soil and a plant, add googly eyes to the front :)
- **Nature Scrapbook:** gathering all the treasures you collect on your Nature Scavenger Hunt (see below) compile them in a fun album or notebook, sticking items down with washi tape or glue, covering flowers in cellophane to make 'flower panels' and noting the names of each item.

INDOOR ACTIVE

Continent-jumping game: a version of 'the floor is lava' - place cushions across your living space floor, and label them as the different continents. Kids have to yell the name of the continent while they're jumping across "the sea". Bonus: this game gets a ton of energy out, while learning something new!

SESSION 3

RECYCLING!

- What is recycling? Watch this useful [clip](#) with your kids!
- Talk about: what happens to all the things we recycle, and ways we can make our world more beautiful.
- Music to listen to: Earth Day Song - The Kiboomers |
- Make and decorate your own **recycling boxes** for your home: plastic, paper, cans & glass.
- Try this **recycled Sea Turtle activity** using bottle caps: take a plastic bottle cap and a sheet of green construction paper. Put the cap onto the paper and trace around to make the turtle's body. Add a head, paws and tail. Cut them out, then glue the cap onto the body - and that's it, cute little turtles!

SCREEN TIME

National Geographic kids website section: Planet EarthMovies
Ferngully - The Last Rainforest (Disney)
Wall-E
Over The Hedge
TV: Peppa Pig - Recycling episode



BOOK

Destination: Planet Earth - Jo Nelson
Here We Are - Oliver Jeffers | Tidy - Emily Gravett
The Bad Seed - Jory John | Florette - Anna Walker |
Kate, Who Tamed The Wind - Liz Garton Scanlon
Tree - Britta Teckentrup The Lorax - Dr. Seuss | The Very Busy Spider - Eric Carle

FOOD IDEAS

Mud Cups! Chocolate yoghurt or pudding with gummy worms, green sugar crystals for grass!
Earth Day cookies: <http://www.munchkinmunchies.com/2014/04/earth-day-cookies.html>

