



LITTLE COMPASS

YOM KIPPUR SCAVENGER HUNT

READY-TO-USE AT-HOME ACTIVITY GUIDE
FOR KIDS AND FAMILIES

www.little-compass.com



Little COMPASS
PLAY with Purpose

SCAVENGER HUNT

Put a sticker on the square after finding each of the following 12 items

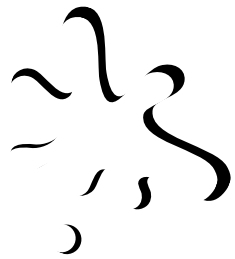
FIND...



 <p>SOMETHING WHITE</p>	 <p>SOMETHING YOU HAVEN'T USED TODAY</p>	 <p>A MIRROR</p>
 <p>SOMETHING THAT GROWS</p>	 <p>SOMETHING THAT MAKES YOU FEEL GOOD</p>	 <p>SOMETHING BROKEN</p>
 <p>SOMETHING WET</p>	 <p>NON- LEATHER SHOES</p>	 <p>SOMETHING SHAPED LIKE A SHOFAR</p>
 <p>THREE OF THE SAME THING</p>	 <p>SOMETHING THAT DOESN'T BEND</p>	 <p>SOMETHING BEGINNING WITH EACH OF THESE LETTERS</p>

MORE TO LEARN * MORE TO DO!

Go through each item that you found and use this guide for some brief explanations that you can adapt for your kids. Check out the bonus low-key-but-fun activities to keep everyone going throughout the day!



SOMETHING WHITE

Some say we wear white on Yom Kippur to be like angels: we yearn to ascend, be more clear and transparent. The colour also hearkens back to the biblical Kohen Gadol (High Priest) who dressed in white linen on Yom Kippur.

BONUS ACTIVITY: Cloud hop. Put white pieces of paper on the floor (potentially pre-cut into clouds. You can also use white pillows). Pretend to be a unicorn/bird/animal of choice and have the kids move in different ways between the clouds. Try walking, running, jumping hopping, tiptoeing, waddling, walking backwards, on their bum, crawling...



SOMETHING YOU HAVEN'T USED TODAY

Just like this item, we also haven't 'used' food or drink today. One of the reasons for fasting on Yom Kippur is to focus on our spiritual needs instead of our physical needs. You can choose to 'fast' from this item for the rest of the day too.

BONUS ACTIVITY: 'What's Missing' game. Lay several of the scavenger hunt items in a line. Ask kids to take a close look and then to close their eyes. Remove one or more objects. When they open their eyes, let them guess what's missing.



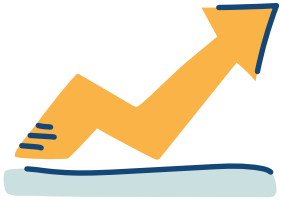
A MIRROR

During the High Holidays we reflect on the past year.

BONUS ACTIVITY: Mirror Game. Either in pairs or all together, the leader moves slowly (arms, legs, eyebrows), and the other player/s copy (mirror) them. You can make this more active by the leader being an 'exercise teacher' - or playing plain ol' "Simon Says".

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SOMETHING THAT GROWS

We work on growing (self-improvement) and doing better in the year ahead.

BONUS ACTIVITY: Sensory Seed Box. Fill the bottom of a tray or container with seeds/rice/sprinkles. (You can place a piece of coloured paper down first). Let kids play and explore the feeling, of moving the seeds around, draw with their fingers, add toys. Try let them get messy and when finished, definitely make cleaning it up part of the activity!



SOMETHING THAT MAKES YOU FEEL GOOD

Tzedakah is a key part of Yom Kippur, carrying out deeds of loving kindness and charitable acts.

BONUS ACTIVITY: Do something that makes you feel good. Create a kindness wheel [https://pjlibrary.org/beyond-books/pjblog/august-2020-\(2\)/create-a-kindness-wheel](https://pjlibrary.org/beyond-books/pjblog/august-2020-(2)/create-a-kindness-wheel)



SOMETHING BROKEN

In doing teshuva, we acknowledge our mistakes that affect others as well as ourselves over the past year and set out not repeat them.

BONUS ACTIVITY: Broken Telephone. Sit in a circle or stand in a straight line. The first person in the line/circle whispers a word or phrase into the ear of the person to their right. Players whisper the phrase to their neighbors until it reaches the last player in line. The last player says the word or phrase out loud so everyone can hear how much it has changed from the first whisper at the beginning.

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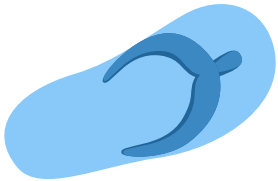


SOMETHING WET

The classic story of Jonah and the whale/big fish is retold in synagogues every year on Yom Kippur. Jonah tries to run away from his responsibilities but has the courage to change and ultimately helps lots of people.

BONUS ACTIVITY: Build a fort...but actually it's a whale!

Use chairs or a tent, then drape it in a blue sheet. Gather the back of the sheet with a rubber band to look like a tail. Add paper eyes. Go in and out of the whale's mouth just like Jonah!



NON-LEATHER SHOES

One reason for not wearing leather shoes on Yom Kippur is that it once symbolised luxury and high status, so not wearing it signifies that all people are humbled and equal.

BONUS ACTIVITY: Shoes and Bikes. Combine this custom with the Israeli tradition of riding bikes through the empty streets on Yom Kippur...Get out your bike, put the training wheels into crocs and create an indoor exercise bike!



SOMETHING SHAPED LIKE A SHOFAR

Yom Kippur ends with a single, long blast of the shofar. Some say it's to celebrate getting through a big day together and a wake-up call to live the best life possible.

BONUS ACTIVITY: Seriously, take a nap...(and then wake up and live your best life and all)

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THREE OF THE SAME THING

Kol Nidre is an Aramaic declaration recited in synagogue before the beginning of the evening service on Yom Kippur. Kol Nidre is repeated three times, most likely derived from the ancient practice of reciting all official proclamations three times, lest a latecomer not hear them. It also creates a dramatic introduction.

BONUS ACTIVITY: Higher or lower! Each person gets half a pack of cards and keeps them facing down. Players simultaneously turn over the top card on their pile and place it in the middle. The person with the highest number keeps both cards. Keep going until all cards are finished. Then count who has the most.



SOMETHING THAT DOESN'T BEND

Ne-ilah is the concluding tefilla (prayer) service of Yom Kippur, where we try to stand for the whole time!

BONUS ACTIVITY: Soapbox. Someone once asked Hillel to teach him the whole Torah standing on one foot. Get kids to count as high as they can - while standing on one foot! You can also choose a topic and have the kids say everything they know about it in 10-20 seconds, while standing on one foot.



SOMETHING BEGINNING WITH EACH OF THESE LETTERS

We ask for forgiveness for our mistakes, say sorry and talk about moments or events that we wish we'd handled differently. We also accepting apologies and forgive others.

BONUS ACTIVITY: Spell out 'sorry' with your body.