



# LAG BA'OMER

## EXPERIENCE



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### BUILD A CAVE

- **Starter:** What do we know about Lag Ba'Omer? [Watch this clip for kids](#) about one of the stories behind the chag. [Click here](#) for your own refresher. Now we're going to build our own cave!
- **Constructing the Cave:** You can put together chairs with fitted sheets (that's a pro-tip!), string and hang sheets or set up your own tent. Fill it with cushions and blankets, make it cosy and fun. Add fairy-lights or battery-operated tea-light candles if you have, or other lamps/torches/flashlights.



### ACTIVITIES TO DO INSIDE THE CAVE

- **Learning in the Dark:** Just like Rabbi Shimon Bar Yochai who learned Torah in a cave for 12 years, get your kids to choose their favourite books and read with them
- **'Sibling Chivalry' Mindfulness:** *We learn that Lag Ba'Omer is a time when people got hurt when they didn't take care of each other. It makes us think about how we need to respect, appreciate and be kind to each other: our family, our siblings, our friends, etc.* Is there something that your brother/sister is really good at, or maybe has done something really kind for you? If an only child, choose a friend or other family member to think about. Use this printable or draw your own to make them a personal award. [www.activityvillage.co.uk/awards-and-medals](http://www.activityvillage.co.uk/awards-and-medals)
- **Lag Ba'Omer Printables:** [Click here for an activity pack](#) with mazes, bow and arrow tracing games, shadow matching and more...

### INDOOR BONFIRE

**Starter:** It is customary, especially in Israel, to light bonfires on Lag Ba'Omer. One reason for doing this is that fire represents the light we get from learning and knowledge. If you have already made some bonfires during the week, gather them and place them in your cave. Alternately - or additionally - see these bonfire craft ideas.

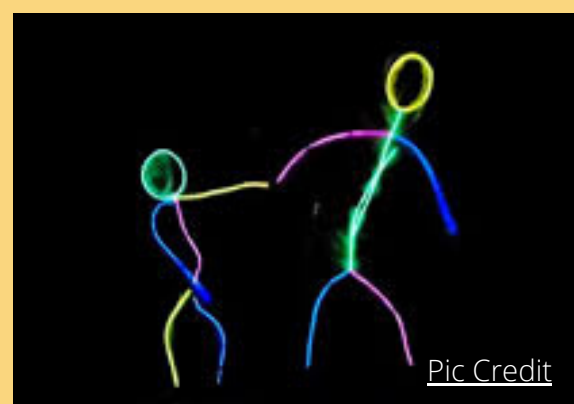
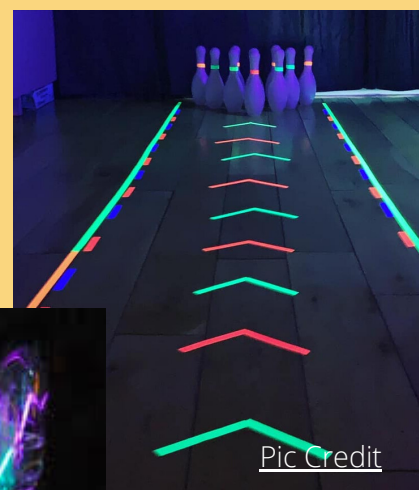


- **Sensory Bonfire:** Use pom-poms and popsicle sticks to make a bonfire
- **Craft Bonfire:** Using ready-made, paper cut-outs of marshmallows, sticks and wooden logs. You'll need to help cut them out, to make the cutest indoor bonfire you've ever seen!
- **Handprint Painting Bonfire:** Get paint and get messy! See picture below
- **Recycled Materials Bonfire:** Gather some of those paper towel rolls and put together an [epic bonfire](#).
- **A Sweet Bonfire:** Pre-buy pretzels OR 'flake' chocolate/any that resembles wooden logs. Also pre-buy red, yellow and orange gummy snakes. If using pretzels, leave as they are or dip them in chocolate as part of the activity. Assemble your sweet bonfire and add a sparkler for effect! [As seen here](#).

### GLOW STICK PARTY!

**Starter:** Aside from fire, what else do we get light from? Lamps, sun, moon, torches...glowsticks!! Pre-buy a TON of glowsticks and make a Lag Ba'Omer experience to remember. This can be a nighttime activity or just close all the blinds and lights for daytime.

- Build (another) **bonfire with glowsticks**
- **Do the glow stick dance.** Tape glowsticks on your body, as though you are a stick-figure. Turn off the lights and see what happens! [See here video for inspiration](#).
- **Glow stick ring throw:** Connect some glow sticks into a circle. Set up a small sturdy pole (such as taping a paper towel roll to the floor). Play 'throw the fire (glow stick) onto the log (paper towel roll)'.
- **Glow Stick Bowling Team:** in the spirit of 'being kind to one another', let's work as a team to do our best! Set up a bowling alley with glow sticks. Set up 6-10 bowling pins (can be toilet paper rolls or water bottles or other items you have around the house). Each person takes a turn to knock down the pins. You can keep score and see how many you can do as a team family (rather than scoring each individual). Also, each persons can help the other set up the pins or any other teamwork that arises.



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### FOOD IDEAS

- Roasted marshmallows on a stick
- Chicken and vegetable kebabs
- Fruit skewers